



2017 TUNE UP CLINICS FOR JR. HIGH SCHOOL BASKETBALL TRYOUTS



GLASS CITY ATHLETICS IS PROUD TO BE CELEBRATING 23 YEARS SERVING THE COMMUNITY!

The Tune Up Clinic, directed by former NBA/Ohio State player Dennis Hopson, is designed to prepare your 7th/8th grade player, girl or boy, to be in the best position possible for school tryouts. The workouts will focus on conditioning, ball-handling, shooting, defense and the mental mindset to have a successful tryout. The clinic will take place over three different days with enough time to have your child physically and mentally ready for school tryouts.

TRAINING DATES:

Jr. High Boys: Sundays: October 15, October 22 and October 29 from 3:30 - 5 p.m. at the Paragon.

Jr. High Girls: Wednesdays: November 15, November 22 and November 29 from 6:30 - 8 p.m. at the Paragon.

COST:

\$75.00 per player

ENROLL TODAY:

This program is open to the first 25 players , so space is limited. You can enroll by registering online at glasscityathletics.com or mailing in the sign-up form below.

NOTE: Deadline to register for Boys is October 13 and for Girls is November 13. There will be no refunds issued and a \$10 late fee charged for on-site registration.

For more information contact Dana Hooper:

☎ 419-261-0067 ✉ dahooper@roadrunner.com 🌐 glasscityathletics.com 🏠 The Paragon, Suite 12
1590 Albon Rd Holland, OH 43528

2017 TUNE UP CLINICS FOR JR. HIGH SCHOOL BASKETBALL TRYOUTS SIGN-UP FORM

Athlete's Name: _____ Birthday: / /

Athlete's Grade: _____ Gender: _____ School: _____

Athlete's Shirt Size: YS YM YL AS AM AL AXL

Address, City, State, Zip: _____

Parent's Name(s): _____

Parent's Email: _____ Parent's Cell Phone: _____

Amount Enclosed (please make checks payable to Glass City Athletics): _____

 Please mail form and payment to:
Glass City Athletics 1590 Albon Road Suite 12, Holland, Ohio 43528