

2017-2018 VOLLEYBALL CLUB PROGRAMS



TEAMS	# PLAYDATES	PRACTICE #/HOURS	CORE CONDITIONING	COLLEGE RECRUITING ASSISTANCE	SKILL SPECIFIC TRAINING	2018 SUMMER BEACH LGE.	NW OHIO JRS. IN-HOUSE	PRICE
10 LIME 10 BLACK	4/3 local, one in Columbus	2 - 1 hour	N/A	N/A	N/A	N/A	YES	\$515
11-1 12-2	6	2 - 1.5 hours	YES	N/A	YES	N/A	YES	\$875
12-1	11	2 - 1.5 hours	YES	N/A	YES	N/A	N/A	\$1,565
13 ELITE 14 ELITE	15	2 - 2 hours	YES	N/A	YES	YES	N/A	\$2,590
13 BLACK 14 BLACK	9	2 - 1.5 hours	YES	N/A	YES	YES	N/A	\$1,585
13 LIME 14 LIME 15 LIME	5	2 - 1.5 hours	YES	N/A	YES	YES	YES	\$900
15 ELITE 16 ELITE 17 ELITE	15	2 - 2 hours	YES	YES	YES	YES	N/A	\$2,625
15 BLACK 16 BLACK 17 BLACK	10	2 - 1.5 hours	YES	YES	YES	YES	N/A	\$1,685
15 EARLY BIRD 16 EARLY BIRD 17 EARLY BIRD 18 EARLY BIRD	6	2 - 1.5 hours	YES	YES	YES	YES	N/A	\$920

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12 ADRIAN 13 ADRIAN 14 ADRIAN 15 ADRIAN	6	2 - 1.5 hours	YES	N/A	YES	N/A	N/A	\$815
16 ADRIAN 17 ADRIAN	7	2 - 1.5 hours	YES	YES	YES	YES	N/A	\$955
ALL JACKSON GRADES 7 - 11	6	2 - 1.5 hours	YES	YES	YES	N/A	N/A	\$765
WINTER NW OHIO JRS.: GRADES 3/4 GRADES 5/6 GRADES 7/8	N/A	1- 1 hour	YES	N/A	YES	N/A	YES	\$575
WINTER NW OHIO JRS.: GRADES 9-12	N/A	2 - 1 hour	YES	N/A	YES	YES	YES	\$625

NOTE:

PLAY DATES: this is the actual number of days, for example, a two day tournament counts as two play dates.

CORE CONDITIONING: training focuses on speed, flexibility, agility and strength training.

SKILL SPECIFIC TRAINING: training will be offered for defense, hitting and setting.

2018 SUMMER BEACH LEAGUE: You can play in that league at no extra cost. The Juniors league will take place on Wednesday nights at RESET in Perrysburg.

For questions and any additional information, please contact:

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Club Website: www.glasscityathletics.com