



SMALL GROUP VOLLEYBALL TRAINING SERIES



INTERMEDIATE: SERVING FUNDAMENTALS & SCORING

Glass City is excited to offer a serving training program for volleyball players: our Small Group Serving Fundamentals and Scoring training series! This program will be led by Coach Beth Mouch. Coach Mouch will teach players the correct fundamentals of the over-hand serve. For players that already have some success, they will be challenged to begin to learn different types of over-hand serves.

This training will take place in September and will have a group size of maximum of 8 players.

- PARTICIPANTS:** Boys and girls in grades 4th, 5th & 6th
- TRAINING DATES:** Sundays: September 9, September 16, September 23 and September 30
- TIME:** 7:30 - 8:30 p.m.
- LOCATION:** The Paragon: 1590 Albon Road Holland, Ohio 43528
- COST:** \$80 per player
- REGISTER:** Complete the paperwork below or pay online at glasscityathletics.com!
There will be no refunds issued. Registration closes September 7, 6 p.m.

This training is only limited to the first 8 players. Register early!

For more information contact Dana Hooper:

☎ 419-261-0067 ✉ dahooper@roadrunner.com 🌐 glasscityathletics.com 🏠 The Paragon, Suite 12
1590 Albon Rd Holland, OH 43528

SMALL GROUP VOLLEYBALL - SERVING FUNDAMENTALS & SCORING - SIGN-UP FORM

Athlete's Name: _____ Gender: M / F _____ Date of Birth: _____

Grade: _____ School: _____

Address/City/State/ZIP: _____

Parent's Name (s): _____

Parent's Email: _____ Parent's Cell Phone: _____

Amount Enclosed (please make checks payable to Glass City Athletics): _____



Please mail form and payment to:
Glass City Athletics 1590 Albon Road Suite 12, Holland, Ohio 43528