



# SMALL GROUP VOLLEYBALL TRAINING SERIES



## JUNIOR HIGH: SERVING FUNDAMENTALS & SCORING

Glass City is excited to offer a serving training program for volleyball players: our Small Group Serve to Score Junior High. The goal of this program is to improve the fundamentals of a players' serve. If a player is not serving on their team or is not consistent, this is the training for them. The program will be led by Coach Eric Fallis; he has over 25 years of volleyball coaching and training and will help enhance your player's serve!

This training will take place in September and will have a group size of maximum of 8 players.

- PARTICIPANTS:** Boys and girls in grades 7th and 8th
- TRAINING DATES:** Sundays: September 9, September 16, September 23 and September 30
- TIME:** 11 a.m. - 12 p.m.
- LOCATION:** The Paragon: 1590 Albon Road Holland, Ohio 43528
- COST:** \$80 per player
- REGISTER:** Complete the paperwork below or pay online at [glasscityathletics.com](http://glasscityathletics.com)!  
There will be no refunds issued. Registration closes September 7, 6 p.m.

**This training is only limited to the first 8 players. Register early!**

**For more information contact Dana Hooper:**

☎ 419-261-0067 ✉ [dahooper@roadrunner.com](mailto:dahooper@roadrunner.com) 🌐 [glasscityathletics.com](http://glasscityathletics.com) 🏠 The Paragon, Suite 12  
1590 Albon Rd Holland, OH 43528

### SMALL GROUP VOLLEYBALL - SERVING FUNDAMENTALS & SCORING - SIGN-UP FORM

Athlete's Name: \_\_\_\_\_ Gender: M / F \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_

Address/City/State/ZIP: \_\_\_\_\_

Parent's Name (s): \_\_\_\_\_

Parent's Email: \_\_\_\_\_ Parent's Cell Phone: \_\_\_\_\_

Amount Enclosed (please make checks payable to Glass City Athletics): \_\_\_\_\_



Please mail form and payment to:  
Glass City Athletics 1590 Albon Road Suite 12, Holland, Ohio 43528