



# SUMMER 2017 YOUTH VOLLEYBALL TRAINING



Glass City Volleyball is entering its 23rd year and is proud to offer the following trainings for an extended time period during the summer to increase retention. Statistics show that the more a skill is practiced, over a period of time, not in an isolated two-three hours, the better the retention of that skill and the greater the chance for improvement. This concept is what is driving our summer training programs. The instructors are a combination of former collegiate All-Americans to tenured High School coaches. Every player gets a summer training shirt. All trainings will take place at the Paragon, home of Glass City Athletics.

**VOLLEY-MINIS:** This is a fun, basic level training that covers basic skills instruction and games in a fun and encouraging environment

**PLAYERS:** players entering grades 2nd and 3rd in September of 2017

**DATES:** Thursdays: 6/22, 6/29, 7/13, 7/20 and 7/27

**TIME:** 10:30 - 11:30 a.m.

**COST:** \$85.00 per player

**YOUTH BASICS:** The focus of this training is to teach the skills in a fundamental way to increase comprehension and correct technique.

**PLAYERS:** players entering grades 4th,5th and 6th in September of 2017

**DATES:** Thursdays: 6/22, 6/29, 7/13, 7/20 and 7/27

**TIME:** 1 - 2 p.m.

**COST:** \$85.00 per player

**YOUTH ADVANCED:** This training will take a player who has the basic techniques and advance them to the next level. It will be fast-paced with challenging drills and skill competitions.

**PLAYERS:** players entering grades 4th,5th and 6th in September of 2017

**DATES:** Thursdays: 6/22, 6/29, 7/13, 7/20 and 7/27

**TIME:** 2:30-4 p.m.

**COST:** \$125.00 per player

**REGISTER:** Register online at [glasscityathletics.com](http://glasscityathletics.com) or complete the sign-up form and mail it or drop it off at the Paragon. Don't wait to sign up as each training has limited spaces.

**For more information contact Dana Hooper:**

☎ 419-261-0067 ✉ [dahooper@roadrunner.com](mailto:dahooper@roadrunner.com) 🌐 [glasscityathletics.com](http://glasscityathletics.com) 🏠 The Paragon, Suite 12  
1590 Albon Rd Holland, OH 43528

## 2017 SUMMER YOUTH VOLLEYBALL TRAINING SIGN-UP FORM

Training Session (please circle):	VOLLEY-MINIS	YOUTH BASIC	YOUTH ADVANCED
Player's Name:	T-Shirt Size (please circle): YL AS AM AL AXL		
Address:			
City:	State:	ZIP:	
Parent's Name:			
Parent's Email:		Parent's Phone:	

Amount Enclosed (please make checks payable to Glass City Athletics): \_\_\_\_\_



Please mail form and payment to:

Glass City Athletics 1590 Albon Road Suite 12, Holland, Ohio 43528